



Production Menu

Time/Duration	Meal/Snack	Monday	Tuesday	Wednesday
7:15 - 7:50 AM	Breakfast	Sausage omelet (see recipe) 7 oz.		
		Fresh strawberries, 3 each		
		Cold cereal, single serving boxes 1 each		
		White and Chocolate milk, non-fat, single serving containers, 8 oz.		
		Apple sauce, single serving containers, 5 oz.		
11:15 AM - 1:00 PM	Lunch	Chicken Cesar Wrap (see recipe) 1 each OR Tomato soup (see recipe) 1 cup with Grilled cheese on whole wheat (see recipe) 1 each with parsley		
		Chocolate cookies (pre-prepared) 1 each		
		White and Chocolate milk, non-fat, single serving containers, 8 oz.		
		Steamed broccoli, 1/2 cup each		
		Small apple 1 each		
		100% apple or grape juice, single serving containers, 8 oz.		