

General Hygiene Practices



Bathe and use deodorant daily.

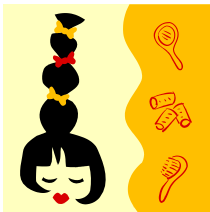
Keep fingernails kept short and clean. Nail polish and artificial nails are not permitted.



Smoking, chewing tobacco and dipping snuff are not permitted in the dietary department.

Eating, drinking, and gum chewing are not permitted in the dietary department. When thirsty, associates may drink beverages away from the food preparation area.

Personal items are to be stored in a designated area away from food preparation, service, and food storage area.



Hair must be kept clean and completely covered while in the dietary department.

Acceptable hair covering includes a hairnet or bouffant disposable cap. Baseball caps, golf caps, and chefs' hats are allowed with the use of a hairnet.

Beards must be closely trimmed (maximum ½") or covered with an effective hair restraint.

Do not comb, brush, or touch hair while in the dietary department.



Uniforms must be kept neat, clean, and in good repair.

Clothing should be cleaned daily, maintained, and repaired as needed. All rips, loose hems and missing buttons must be repaired.

Shoes must be closed-toed, low-heeled, non-skid, and clean.

Wearing jewelry is limited to wrist watches, wedding bands, and post earrings.